

Activities whilst you walk

OXFORD
PRESERVATION
TRUST

Try out some of these activities whilst you walk



Go on a sound walk. Walk to a spot and sit or stand quietly, closing your eyes. What can you hear? Try another spot and see if you can hear anything new.



Go on a minibeast hunt. Look really carefully to discover how many minibeasts you can find. Pick up a log or stick and see if you can find any hiding. Keep a list of what has been spotted. Maybe next time see if you can add to your list.



Play I-spy. Take a spot on one of the benches and have a go at I-spy. To make things easier try 'I spy something green'



Take rubbings. Take some paper and crayons and experiment taking rubbings of objects, trees and plants in the meadow.



Become a photographer. Get the kids to take photos of any interesting things they find—wildlife or plant. Share any photos with
OPT [#OPTOutdoors](#)